

Ovine cumulus cells estradiol-17 β production in the presence or absence of oocyte

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Abstract

The objective of the present study was to compare the *in vitro* production of estradiol-17 β (E₂) by cumulus cells in the presence or absence of ovine oocyte. Moreover, the relationship between the concentration of produced estradiol-17 β and oocyte nuclear maturation was assessed.

Ovaries collected from the local abattoir were transported to the laboratory in saline at 30–35 °C within 1–3 h after collection. The oocytes of follicles, 2–6 mm in diameter, were recovered by aspiration. The oocytes with evenly granulated cytoplasm and which were surrounded with at least three layers of cumulus cells were selected and subjected to culture in pre-incubated oocyte culture medium (OCM). Before culturing, the selected oocytes were randomly divided into five treatment groups: Group 1, cumulus enclosed oocytes cultured in OCM (Group COCs); Group 2, denuded oocytes cultured in OCM (Group D); Group 3, denuded oocytes co-cultured with a cumulus cell-monolayer in OCM (Group D+M); Group 4, denuded oocytes co-cultured with previously cultured (for 26 h) cumulus cell-monolayer (10⁵ cells/ml) in refreshed OCM (Group D+M₂₆); Group 5, cumulus cell-monolayer (10⁵ cells/ml) cultured in OCM (Group M). After an incubation period (26 h at 38.6 °C, 5% CO₂ and 100% humidity), the media were collected and kept at –20 °C until hormonal assay. The concentration of E₂ was determined by RIA method. For assessment of nuclear status, the completely denuded oocytes were subjected to DAPI staining. The highest percentage of metaphase II (MII) stage oocytes was observed in Group N (91%) and the lowest percentage was observed in Group D (6%) and Group D+M₂₆ (6%). The mean production of E₂ was highest and lowest in Group D+M (378.69 ± 54.34 pg/ml) and Group D+M₂₆ (109.15 ± 8.24 pg/ml), respectively. The production of E₂ was significantly (*P* < 0.01) higher in Group D ± M when compared with Groups M and D ± M₂₆. Regarding the nuclear maturation, the percentage of MII stage oocytes was significantly (*P* < 0.001) higher in Group COCs compared to the other groups.

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The results suggest that steroidogenic activity of cumulus cells in *in vitro* condition can be influenced by the pattern of connection between cumulus cells and the oocyte. Moreover, the nuclear maturation of oocytes is not influenced by the different production levels of E₂.

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1. Introduction

The presence of steroids in the follicular fluid at the time of oocyte maturation suggests that they may play a role in oocyte maturation (Anisworth *et al.*, 1980). It has been suggested that estradiol acts directly on the oocyte because specific receptors have been identified in oocytes of various species (Danforth, 1995). In mouse, both testosterone and estradiol are able to overcome the inhibitory signal and promote germinal vesicle (GV) breakdown (Gill *et al.*, 2004). In contrast, it has been demonstrated that estradiol as well as other steroids are involved in keeping oocytes in meiotic arrest (Barrett and Powers, 1993; Mingoti *et al.*, 1995).

An established role of estradiol is to promote alteration in the reactivity of the calcium liberation system during cytoplasmic maturation (Tezarik and Mendoza, 1997). In this respect, those oocytes that were matured in the presence of estradiol-17 β (E₂) were more likely to develop two pronuclei and cleaved further than oocytes incubated in the absence of estradiol-17 β (Tezarik and Mendoza, 1995). By contrast, there is evidence indicating that the estradiol-17 β supplementation had no effect on the percent of oocytes that matured *in vitro* (Palter *et al.*, 2001). These observations were taken to mean that the specific role of estrogens in oocyte maturation seems to be species dependent (Moudgal *et al.*, 1996).

In sheep, estradiol receptor and its mRNA were observed in the cumulus cells surrounding oocytes in small (<2 mm) and medium size (2–4 mm) follicles (Tomanek *et al.*, 1997). The presence of estrogen receptors (ER α) and ER β) in ovine granulosa cells (GC) and other ovarian compartments during the early stages of follicular growth indicates that E₂ has the potential to regulate the function of a number of different ovarian cell types (Juengel *et al.*, 2006).

It has been shown that mouse oocytes secrete a factor that modulates E₂ and P₄ production in cultured granulosa cells (Vanderhyden *et al.*, 1993). Further studies have shown that the pig oocytes are capable of directing the functional production of cumulus cells by changing their signals on the basis of their own biological conditions (Lucidi *et al.*, 2003). There is evidence indicating that the oocyte plays an active role in the steroidogenic function of GC in many species (Vanderhyden *et al.*, 1993; Coskun *et al.*, 1995; Vanderhyden and MacDonald, 1998; Dhawan *et al.*, 2000; Li *et al.*, 2000). Secretion of estradiol by human and bovine cumulus cells has also been reported (Chian *et al.*, 1999; Mingoti *et al.*, 2002).

The maintenance of cumulus cell function, namely in terms of estradiol production, in response to gonadotropin (follicle-stimulating hormone, FSH) stimulation seems to be critical to the development of *in vitro* culture systems. Accordingly, estradiol has been traditionally added to the medium for *in vitro* maturation (IVM) of mammalian oocytes. However, it is not clear that the maturation medium should be supplemented with estradiol for oocyte maturation *in vitro* because estradiol biosynthesis has been demonstrated in cultures of bovine GC (Mingoti *et al.*, 1995) and cumulus cells of various species, such as human (Chian *et al.*, 1999), rats (Sherizly and Kraicer, 1980), and pigs (Channing *et al.*, 1981).

The objective of the present study was to compare the *in vitro* production of estradiol-17 β by cumulus cells in the presence or absence of ovine oocytes. Moreover, the relationship between the produced amounts of estradiol-17 β and oocyte nuclear maturation was assessed.

2. Materials and methods

2.1. Oocyte collection and maturation

Adult and pre-pubertal sheep ovaries ($n=2700$) of Lori–Bakhtiari breed were collected during the non-breeding season (April–July) from a local slaughterhouse in Shahrekord (latitude 32°17'N; longitude 50°51'E; altitude 2049 m) and transported to the laboratory in saline (30–35 °C) in a thermos flask, within 1–3 h following collection. Ovaries were washed three times with pre-warmed fresh saline (37 °C), and all visible follicles with a diameter of 2–6 mm were aspirated using gentle vacuum (40 mmHg) via a 20 gauge short beveled needle connected to the 2 ml syringe. Prior to aspiration, the syringe was filled with 0.5 ml pre-incubated hepes-modified TCM, supplemented with 50 IU/ml heparin. After aspiration, the content of the syringe was emptied into a collection tube. After sedimentation, only oocytes surrounded by more than three layers of unexpanded cumulus cells (COCs: cumulus oocyte complexes) were recovered and selected for *in vitro* maturation. The COCs were randomly distributed in maturation droplets (15 oocytes in 50 μ l) and covered by sterile paraffin oil (M 8410; Sigma Chemical Co., St. Louis, MO) in a 35 mm petri dish (Falcon 1008; Becton & Dickinson, Lincoln Park, NJ). Oocytes were incubated in an atmosphere of 5% CO₂ in air, with 100% humidity, at 38.6 °C for 26 h. The oocyte culture medium (OCM) consisted of bicarbonate-buffered TCM 199 with L-glutamine (M 5017; Sigma Chemical Co., St. Louis, MO), supplemented with 0.05 IU/ml rhFSH (Organon International, Oss, The Netherlands), 1 IU/ml hCG, 100 μ l/ml penicillin, 100 μ g/ml streptomycin, 20% FCS (F 3018; Sigma Chemical Co.), and 0.2 mM Na-pyruvate.

2.2. Preparation of cumulus cells monolayer

The cumulus cells of the oocytes, derived from follicles of 2–6 mm in diameter, were detached from the oocyte with a pipette and then vortexed for 1 min in 1 ml hepes buffer M199 (M 2520; Sigma Chemical Co., St. Louis, MO), washed twice in OCM and transferred to the droplets of culture medium, of approximately 10⁵ cumulus cells/ml. The viability of the cells was evaluated pre- and post-culture period using Trypan blue staining.

2.3. Assessment of the nuclear stage

At the end of maturation period (26 h), the cumulus cells of the oocytes were removed by vortexing (3–6 min). Completely denuded oocytes were recovered and transferred to glass slides. Vaseline and paraffine wax were used to keep the coverslip in contact with the oocytes without the use of excessive pressure. For fixation, the slides were immersed in ethanol:acetic acid (3:1) for at least 24 h (Sun et al., 2001). Prior to staining, the fixative solution was removed by two to three washings with 100% ethanol. The oocytes were stained in 2% (w/v) aceto-orcein and examined under a light microscope at 100 \times magnification. Oocytes were classified as germinal vesicle, germinal vesicle breakdown (GVBD), metaphase I (MI), or metaphase II (MII) stage of the maturation process (Kubelka et al., 1988).

2.4. Hormone assay

After incubation the media was collected and stored at -20°C . Estradiol-17 β concentration was assayed by coated tube RIA (Spectria, Orion Diagnostica, Finland). Intra- and inter-assay coefficients of variation were less than 6.7 and 13.2%, respectively.

2.5. Experimental groups

The selected oocytes ($n = 1538$) were randomly allocated to four treatment groups. Each treatment consisted of at least six replicates.

Group 1: cumulus enclosed oocytes cultured in OCM (COCs group, $n = 388$).

Group 2: denuded oocytes cultured in OCM (D group, $n = 393$).

Group 3: denuded oocytes co-cultured with cumulus cells monolayer in OCM (D + M group, $n = 435$).

Group 4: denuded oocytes co-cultured with previously cultured (for 26 h) cumulus cell-monolayer (10^5 cells/ml), in refreshed OCM (D + M₂₆ Group, $n = 322$).

Group 5: cumulus cell-monolayer (10^5 cells/ml), cultured in OCM (M Group, six replicates).

The duration and conditions of incubation were similar in all experimental groups with oocytes being incubated in an atmosphere of 5% CO₂ in air with 100% humidity, at 38.6 °C for 26 h.

2.6. Statistical analysis

Data was collected over at least six replicates. Comparison of the produced concentrations of estradiol-17 β between experimental groups was analyzed using Kruskal–Wallis one-way ANOVA on ranks followed by Dunn's method. The difference in the number of MII stage oocytes between groups was analyzed using Chi-square test. The possible relationship between concentrations of estradiol-17 β and number of MII stage oocytes was analyzed using logistic regression. A $P < 0.05$ level was considered significant (SPSS version 11.5).

3. Results

The produced amounts of estradiol-17 β at the end of the culture period (26 h), were significantly different ($P < 0.001$) between Group D + M and Groups M and D + M₂₆ (Table 1).

As set out in Table 1, the highest concentration of estradiol-17 β (378.69 ± 54.34 pg/ml) was detected in the Group D + M, where the pattern of communication between cumulus cells and oocytes was in a paracrine fashion. In contrast, the lowest concentration (109.15 ± 8.24 pg/ml) was observed in the Group D + M₂₆ in which the denuded oocytes were co-cultured with cumulus cell-monolayer that had been previously cultured for 26 h. The percentage of oocytes presenting an extruded first polar body (MII oocytes) for each treatment group after culture period was shown in Table 2.

The highest percentage of MII oocytes (91%) was observed in Group COCs and the lowest percentage (6%) was observed in Groups D and D + M₂₆ (Table 2). The lowest and the highest percentage of germinal vesicle stage oocytes were detected in Groups COCs and D, respectively (0.0% versus 58%). There was no relationship between the concentrations of estradiol-17 β and the number of MII stage oocytes.

Table 1

Mean \pm S.E.M. concentrations of estradiol-17 β (pg/ml) produced by cumulus cells cultured in presence or absence of sheep oocytes (Lori–Bakhtiari breed) in different conditions

Groups	Replicates (<i>n</i>)	Estradiol-17 β	Max	Min
COC	7	215.643 \pm 46.9 ^{a,b}	377	82
D	8	182.37 \pm 27.07 ^{a,b}	341	95.5
D+M	8	378.69 \pm 54.34 ^b	597.5	145.5
D+M ₂₆	6	109.15 \pm 8.24 ^a	140.4	85.5
M	6	133.25 \pm 7.55 ^a	163	107

COC: cumulus enclosed oocytes cultured in OCM; D: denuded oocytes cultured in OCM; D+M: denuded oocytes co-cultured with cumulus cells monolayer in OCM; D+M₂₆: denuded oocytes co-cultured with previously cultured (for 26 h) cumulus cell-monolayer (10⁵ cells/ml), in refreshed OCM; M: cumulus cell-monolayer (10⁵ cells/ml) cultured in OCM in the absence of oocytes. Numbers with different superscripts (a, b) in the same column differ significantly ($P < 0.01$).

Table 2

In vitro nuclear maturation of sheep oocytes (Lori–Bakhtiari breed) cultured in presence or absence of cumulus cells in four different conditions

Treatment groups	Cultured oocytes <i>n</i>	Nuclear status			
		GV ¹ <i>n</i> (%)	GVBD ² <i>n</i> (%)	MI ³ <i>n</i> (%)	MII ⁴ <i>n</i> (%)
COCs	388	0.0 (0.0) ^a	16 (4) ^a	17 (4) ^a	355 (91) ^a
D	393	229 (58) ^b	113 (29) ^b	28 (7) ^{a,c}	23 (6) ^b
D+M	435	103 (24) ^c	200 (46) ^c	60 (14) ^b	72 (16) ^c
D+M ₂₆	322	46 (14) ^d	226 (70) ^d	30 (9) ^{c,b}	20 (6) ^b

COC: cumulus enclosed oocytes cultured in OCM; D: denuded oocytes cultured in OCM; D+M: denuded oocytes co-cultured with cumulus cells monolayer in OCM; D+M₂₆: denuded oocytes co-cultured with previously cultured (for 26 h) cumulus cell-monolayer (10⁵ cells/ml), in refreshed OCM. Numbers with different superscripts (a, b, c, d) in the same column differ significantly ($P < 0.001$). (1) Germinal vesicle; (2) germinal vesicle breakdown; (3) metaphase I; (4) metaphase II.

4. Discussion

As indicated, the cumulus cells have the potential to produce estradiol in detectable amounts during culture, probably as a consequence of the action of gonadotropin, in many species (Chian et al., 1999; Dode and Graves, 2002; Mingoti et al., 2002). These findings support the idea that estradiol may have an effect during oocyte maturation, where its effect can be exerted indirectly via cumulus cells or directly in the oocyte. In sheep, granulosa cells secrete estradiol during culture in a steroid free medium, as a consequence of the action of FSH, and that E₂ production will be increased by addition of high dose of bone morphogenetic protein 2 (BMP2) to the culture media (Campbell et al., 1996; Souza et al., 2002).

As investigated in the current study, the sheep COCs, cumulus cells and even the denuded oocytes were capable to produce E₂ in detectable amounts in a steroid free medium. As shown, the highest concentration of estradiol-17 β (378.69 \pm 54.34 pg/ml) was detected in the D+M group, where the communication between cumulus cells and oocytes was occurred in a paracrine fashion. Interestingly, the lowest concentration (109.15 \pm 8.24 pg/ml) was observed in the D+M₂₆ group in which the denuded oocytes were co-cultured with cumulus cell-monolayer that had been previously cultured for 26 h. One possibility may be that oocyte removal during the first 26 h of cumulus cells culture encourages cumulus cells luteinization which in turn decreases the potential secretion of E₂ in cumulus cells (Group D+M₂₆). Another possibility must be made of the fact

that the first 26 h of cumulus cells culture is a crucial time in which steroidogenesis has to occur and that some of the normal functions of cumulus cells are compromised when these cells are devoid from the oocyte.

In mouse, the normal steroid hormone production is altered within 24 h after oocyte loss (Vanderhyden and Tonary, 1995). In contrast to the most mammals (Vanderhyden et al., 1993; Coskun et al., 1995; Vanderhyden and Tonary, 1995; Vanderhyden and MacDonald, 1998; Lucidi et al., 2003), it seems in sheep the presence of oocyte has a positive effect on E₂ production by cumulus cells in in vitro condition. In this context, the mouse oocytes secrete a factor(s) that inhibits progesterone and stimulates estradiol production by cumulus granulosa cells (Vanderhyden et al., 1993).

In the current study, if the oocyte had a positive effect on E₂ production of cumulus cells why the production of E₂ was higher in D+M than COCs group (378.69 ± 7.55 pg/ml versus 215.64 ± 46.9 pg/ml)?

One possibility may be that the oocyte has a dual effect on production of E₂ by cumulus cells. As such, where the pattern of connection between oocyte and cumulus cells is in the manner of cell–cell contact (Group COCs), the oocyte could exert its both inhibitory and stimulatory effects on production of E₂ by cumulus cells. While in Group D+M, where the denuded oocyte was cultured in vicinity of cumulus cells, in the absence of cell–cell contact, the oocyte could exert just its stimulatory effect. In pig, however, the response to oocyte signals does not require a physical contact between the cells, and the active substance must be a soluble factor secreted in the medium by the germ cell (Buccione et al., 1990; Vanderhyden et al., 1993; Tirone et al., 1997; Li et al., 2000; Nagyova et al., 2000; Lucidi et al., 2003). The pig oocytes prove to be capable of directing the functional production of cumulus cells by changing their signals on the basis of their own biological conditions (Lucidi et al., 2003). That being said, it seems in sheep the positive effect of oocyte on cumulus cells E₂ production is, probably, exerted via soluble factor while for its moderate inhibitory effect the cell–cell contact is needed.

The other interesting point was the production of E₂ in Group D, where the denuded oocytes were cultured in a steroid free medium. Whereas, serum and serum albumin (BSA) are two commonly used protein sources in media for in vitro culture of mammalian oocytes, these components may be contaminated with several defined and undefined molecules, such as steroids, cholesterol, peptides, and others (Keskinetepe and Brackett, 1996; Wang et al., 1997). Therefore, the detected amounts of E₂ in Group D could be derived by the presence of FCS in culture media. However, there are sparse evidence indicating that human and rat's oocytes are able to synthesize steroid hormones (Tsutsumi et al., 1982; Suzuki et al., 1983).

As expected, the number of MII stage oocytes was higher ($P < 0.001$) in Group COCs compared with other groups, where the pattern of cell–cell communication (COCs) was in the best and most efficient manner (two-way communication between these two cell types, in a paracrine fashion and via GJC). One possibility for the higher ($P < 0.001$) number of MII stage oocytes in Group D+M than Group D+M₂₆ is that during the first 26 h of culture of cumulus cells in Group D+M₂₆, in the absence of oocyte, some of the normal functions of cumulus cells are compromised. Therefore, after this period of time, the cumulus cells are not able to support the normal process of oocyte nuclear maturation.

In the current study, there was no relationship between the concentration of E₂ and oocyte nuclear maturation. There are controversial reports regarding the effect of E₂ on oocyte maturation in several species. In pig, estradiol is not involved in nuclear and cytoplasmic maturation of the oocytes (Dode and Graves, 2003). It has been shown that estradiol as well as other steroids are involved in keeping the oocytes in meiotic arrest (Barrett and Powers, 1993; Mingoti et al., 1995).

Supplementation of the culture medium with E₂ or P4 alone significantly increased maturation of canine oocyte to MII (Kim et al., 2005). In bovine, the presence of E₂ during IVM has a detrimental effect (both in denuded and COCs) on the nuclear maturation, including abnormal dispersion of chromosomes and on subsequent embryo development (Beker et al., 2002). The adverse effects of E₂ on nuclear maturation might be due to an improper spindle organization during IVM (Can and Semiz, 2000). In rhesus monkey, formation of morula nad blastocysts is greatest in oocytes matured in medium containing estradiol and/or progesterone (Zheng et al., 2003). Together, the specific role of estrogens in follicular and oocyte maturation, ovulation and embryo development seems to be species dependent (Moudgal et al., 1996).

5. Conclusion

The sheep COCs and cumulus cells are capable to produce E₂ in detectable amounts in a steroid free medium. It seems, the positive effect of oocyte on production of E₂ in cumulus cells exerted, probably, via the soluble factor. Moreover, the ability of cumulus cells in production of E₂ will be decreased in the absence of oocyte and that this ability will not be returned even if the cumulus cells are exposed to the oocyte afterward. There is no relationship between the produced amounts of E₂ and the number of MII oocytes. However, clarification of the physiological mechanisms that underline these observations will require further studies.

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